

NAVAJO CODE TALKER 29K & 10K

*Navajo Nation Museum – Window Rock, Arizona
Sunday, September 10*



Yaateeh runners! Welcome to the Navajo Code Talker 29K and 10K.

REGISTRATION – Online registration for the 29K and 10K is now open through 6:00 p.m. through race morning at the NavajoYES website: www.navajoyes.org On-site registration will be held on Sunday, September 10 beginning at 6:30 a.m.

LOCATION – The Navajo Nation Museum is located in the capital of the Navajo Nation of Window Rock, Arizona, just off Hwy 264 on the south side of Window Rock. There is ample parking at the Museum. The race is held on the final day of the Navajo Nation Fair, which is the second Sunday of September.

RACES – The 29K is a three-loop course that begins and ends at the Navajo Nation Museum. Runners will pass the finish line each loop, so may drop/pick up personal items at that spot. The 29K begins at 7:30 a.m. The 10K race is a single loop of the 29K course beginning at 8:30.

PACKET PICK-UP – Packet pick-up will be available on Sunday at the Navajo Nation Museum parking lot between 6:30 -7:30 a.m. for the 29K and between 7:30-8:30 for the 10K.

COURSE – The main course is a 6-mile loop that 29K runners complete three times and the 10K runners do once, with a slight variation at the end. The course heads out of the NN Museum, circling the Museum once before heading out on the Museum Trail. The course heads up on the Museum Trail to the WR Dam and on to the Fish & Wildlife trail system, dropping into the historic tribal government complex and then back to the WR Park. From the Park, the route heads back toward the Museum. The course is subject to slight variation at the discretion of race and tribal officials.

AID STATIONS – There will be three aid stations on each loop, located at the NN Museum parking area, in the backcountry route near the Dam and at Fish & Wildlife office. Stations will include water, Tailwind Nutrition, Honey Stinger, fresh fruit, sweet and salty snacks.

WEATHER – September weather in Window Rock can be cool, mild or very warm, so keep eye on the forecast prior to the race. The threat of thunderstorms (generally in the afternoon) always looms in the early fall.

PROFESSIONAL TIMING – Run Flagstaff is the timer for the Code Talker 29K. Overall and age-group awards will be presented in the 29K and 10K.

LODGING & CAMPING – There will be available camping at the start/finish line at the Navajo Nation Museum. Limited lodging is available at Quality Inn in Window Rock and Navajoland Inn & Suites in St. Michael's. There are ample lodging options available in Gallup, New Mexico.

The Navajo Code Talker 29K & 10K and the Navajo Parks Race Series are co-sponsored by the Navajo Nation-based nonprofit organization NavajoYES and Navajo Parks & Recreation with major support from the Office of Navajo President & Vice President, Navajo United Way, Tailwind Nutrition, Honey Stinger, NTEC, Monument Valley View Hotel, Teec Nos Pos Trading Post and the Navajo Rangers.

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Clockwise from top left: Code Talker John Kinsel with a 29K runner; firefighter/10K runner Jeremy Curley; volunteers from Navajo United Way; President Begaye and Vice President Nez with runners; a runner on the backcountry section