

LCR HALF MARATHON & 10K

Little Colorado River Gorge Navajo Tribal Park
February 9, 2019



Yaateeh runners! Welcome to the Little Colorado River Gorge Half Marathon & 10K.

REGISTRATION – Online registration for the LCR Half Marathon and 10K is now open through Thursday, February 7 at the NavajoYES website: www.navajoyes.org There will be on-site registration at the start line at the LCR Park.

LOCATION – The LCR Navajo Tribal Park is located 9.5 miles west of Cameron, Arizona on Hwy 64. There is ample parking at the Park, which includes dramatic overlooks and arts & crafts vendors. There are permanent pit toilets at the Park.

PACKET PICK-UP – Packet pick-up will be available between 8:00-9:45 a.m. at the Start Line at LCR Navajo Tribal Park on Saturday morning from 8:00-10:00 a.m. **All races begin at 10:00 a.m. on Saturday.**

BAGGAGE DROP – There will not be a baggage drop, as race parking is at the start/finish line area.

WEATHER – Winter weather in the Cameron/LCR area can vary from wintry to mild. The average high is 58, while the average February low is 27. The start/finish line is just over 5000 feet elevation.

COURSE – The half marathon course begins and ends at the LCR Navajo Tribal Park. The half marathon course will be on a local route that heads over 6 ½ miles up to the upper overlook along rugged dirt roads, double-track and trails.

The 10K course is a 3.1 mile out and back on the same course as the half marathon runs. (Course is subject to minor adjustments.)

AWARDS – There are overall and age-group awards in both the half marathon and 10K. Age-groups winners receive awards in the following half marathon and 10K categories: 12 and under, 13-18; 19-29, 30-39, 40-49, 50-59 and 60-69 and 70+. All half marathon and 10K finishers receive a unique LCR finisher's medal.



POST-RACE – Runners will be treated to some hearty, healthy post-race food and live music.

The LCR Half Marathon and 10K and the Navajo Parks Race Series are co-sponsored by the Navajo Nation-based nonprofit organization NavajoYES and Navajo Parks & Recreation with major support from Cameron Chapter, the Office of Navajo President & Vice President, Navajo United Way and the Navajo Rangers.

CONTACTS

Tom: 928.429.0345 chuskaman@yahoo.com

Josh: 970-403-2794 (registration and results questions)



<http://navajoyes.org/events/little-colorado-river-gorge-half-marathon/>

www.navajoyes.org