



Shiprock Kids Marathon

The Shiprock Kids Marathon is for all young runners from the schools of Dine' Bikeyah or our young visitors/runners from outside the area. Come out and run....be part of the 35th annual Shiprock Marathon!

1. Sign up! **Once you have decided to take the Kids Marathon challenge, please e-mail your name and school/hometown to Kerlissa Bitah at kerbitah@yahoo.com** This will give us time to insure t-shirts, medals and food for all runners. You can bring your registration form to the Shiprock on May 4.
2. Let's run!
Run 25 miles or more between January and race day – Friday, May 4. You can run at school or at home. Run with friends or run with your family. Run in P.E. class, run behind the chapter house, run to the bus stop, run to your grandma's . . . it all counts! Just keep track of your miles and record it on your running log.
3. Log it.
It's important that you keep track of your miles on the running log and bring the log and your registration form to the run in Shiprock on May 4. When you turn in your running log on May 4, you will receive your race t-shirt and race number. The t-shirt and race number will be your "ticket" to the start line. (Of course, you can always turn in your running log to your teacher or coach before race day.)
4. Race day
Shiprock Kids Marathon is Friday, May 4 at Dine' College south campus, near Shiprock High School. Be ready to go at 5:00 p.m., so that you can run "the final mile" of the Shiprock Marathon. You will receive a finisher's medal when you cross the line!

Contact us at (928) 206-1016 with any questions.

www.shiprockmarathon.com

