

# Asaayi Mountain Races

## Asaayi Bike Race – Kids Bike Race – 12 Hours of Asaayi Asaayi 10K Trail Race

*Bowl Canyon Recreation Area – Camp Asaayi  
Saturday, July 30*



*Yá'át'ééh runners and riders! Welcome to Asaayi!*

This year's Asaayi Mountain Races will include four events:

- Asaayi Bike Race (Saturday, July 30 beginning at 8:30 a.m.)
- Asaayi Kids Bike Race (Saturday at 8:35 a.m.)
- 12 Hours of Asaayi (Saturday beginning at 7:00 a.m.)
- 10K Trail Race (Saturday, beginning at 5:00 p.m.)

### REGISTRATION

Registration for the bike race includes professional timing, a performance t-shirt, light post-race food, finisher's medals to first 40, course support and plaque awards to top finishers. Online registration can be found at [Run Sign Up](#). Race day registration will also take place an hour before the start of the race at Asaayi Jct. (which is the end of the pavement on the road from Navajo, NM).

Registration for the Kids bike race includes a t-shirt, course support, post-race snack and a chance at awards. The fee for the Kids Bike Race is \$10.

Registration for the 12 Hours of Asaayi will include a performance t-shirt, food and support through the event, post race food, unique 12 Hours swag and awards to top finishers. The 12 Hours of Asaayi fee is \$80.

Registration for the Asaayi 10K Trail Race will include a performance t-shirt, course support, post race food, and awards to top finishers. The fee for the Asaayi 10K is \$40

## ROUTES

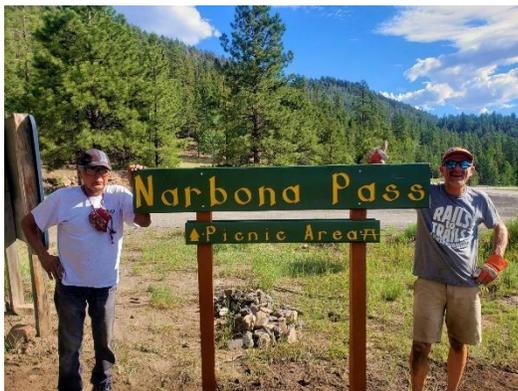
The Asaayi Bike Race course is a 20.6 mile paved course from the Asaayi Jct to Hwy 12 just north of Navajo, on to Crystal Jct and finally on NM Hwy 134 to Narbona Pass. The first portion of the route is scenic, among the red rock buttes and towers of the area, and the final climb to the top finishes at one of the iconic spots on the Nation! The road will be open to public traffic and a summer Saturday is a busy time in the Lake Asaayi area, so please be aware of your surroundings and vehicles on the roads.

The youth bike race will be a 5K distance on the paved road, going out 1.6 miles (just as the adults started) and then returning to the finish line.

The 12 Hours course will be a set loop within the Camp that will be ran continuously throughout the duration of the event. The route is primarily singletrack with some of the park's dirt road included. The route is between 7700 ft elevation and 8000 ft., among a thick ponderosa pine forest, with some aspen and shrub oak included. There are scenic views along the route, which will alternate directions every three hours.

The 10K Trail Race will begin and end at Camp Asaayi. The course begins with a loop around the shoreline of Lake Asaayi and then begins a 500-foot ascent of the ride overlooking the camp. Once topping of on the ridge, riders begin their descent back to the camp. The terrain is challenging and the views are stellar. The late afternoon start at high elevation should make for a beautiful highcountry running experience.

**12 HOURS OF ASAAYI SUPPORT:** There will be a major aid station that runners will encounter on each lap, offering food, Honey Stinger products, fluids (cold and hot), minor medical, live music and runner drop bags. There will be fire barrels or heaters, if needed. Runners may have their own personal kit at the aid station.



*NavajoYES helps maintain Narbona Pass throughout the year; rider at the finish line*

**BIKE RACE SUPPORT** – Your registration includes light medical and minor mechanical support, There will be an aid station, roughly half-way along the route, and a post-race station at the finish line atop Narbona Pass. There will be Navajo Rangers and course marshals monitoring the race

throughout, and assistance will be available as needed. Riders are encouraged to carry some light mechanical items and pump.

WEATHER – Expect summer conditions. While the race is at 7500-8000 feet elevation, the temperatures are still likely to be in the 70's and 80's. Cloud cover, wind or precipitation (even monsoons, of course) are possible in late July. It is advisable to look ahead at the forecast a few days before the race, checking Window Rock, AZ.

AWARDS – There are finisher's medals for for the first 40 finishers of the Bike Race. All 12 Hour finishers receive a hand-made dreamcatcher by Jimmy Keith. There will be plaque awards for overall top finishers, along with youth, masters and grand masters in both the 12 Hours of Asaayi (6 and 12 hour divisions) and the Asaayi Bike Race.

CONTACTS: Tom: 928.429.0345 [chuskaman@yahoo.com](mailto:chuskaman@yahoo.com) Rygie: 505-686-2300



*A rider approaching summit of Narbona Pass; Randolph Curley in the 2019 12 Hours; live music at Asaayi*

***The Asaayi Bike Race is hosted by the nonprofit organization NavajoYES, in partnership with Navajo Parks & Recreation***

