## NAVAJO CODE TALKER 10K

## Honoring the legendary Navajo Code Talkers!

Sunday, September 11, 2022







## Welcome to the Navajo Code Talker 10K!

**REGISTRATION** – Online registration for the Code Talker 10K is now open through September 11 at the NavajoYES website: <a href="www.navajoyes.org">www.navajoyes.org</a> Registration is \$25 for all runners to cover costs of the event and to support the Code Talker Poster Project.

The race distance is 10K (6.2 miles).

Registration will include an event t-shirt featuring the likeness of Code Talker, a unique Code Talker medal/ribbon, race bib, a copy of the Navajo Nation Trail Guide and your choice of posters from the Navajo Code Talker Poster Series.

**LOCATION** – The Navajo Nation Museum is located in the capital of the Navajo Nation of Window Rock, Arizona, just off Hwy 264 on the south side of Window Rock. There is ample parking at the Museum.

**COVID GUIDELINES** – The race will abide by COVID guidelines as laid out by the Health Command & Operations Center.

The race is a single loop course 10K. There will be an open mat start that will help to minimize crowding at the start area.

Runners must wear a mask when picking up their race packet and when around the start/finish area. Masks may be removed while running on the course.

There will be sanitizer stations throughout the race venue, and we request that all runners, spectators and volunteers practice social distancing throughout the event.

There will be two minimal aid stations with gels and water. We will have snack boxes to-go at the finish line. Thank you for your cooperation.

**PACKET PICK-UP** – Packet pick-up will be available on Sunday at the Navajo Nation Museum parking. You may pick up your packet up to 30 minutes before your designated slot. Please do not

come earlier and do not run in any wave other than the one for which you registered. In order to make live events work in the age of COVID, we must all work together. Ahe'hee.

**COURSE** – The main course is a 6.2-mile loop. The course heads out of the NN Museum, circling the Museum once before heading out on the Museum Trail. The course heads up on the Museum Trail to the WR Dam and on to the Fish & Wildlife trail system, dropping into the historic tribal government complex and then back to the WR Park. From the Park, the route heads back toward the Museum. The course is subject to slight variation at the discretion of race and tribal officials.

**AID STATIONS** – There will be one aid station with fluids and gels near the half-way point of the course. There will be pre-race breakfast bars and bananas, along with fluids and gels at the start line. This is a cupless event so runners should plan to bring their own hydration system.

**WEATHER** – September weather in Window Rock can be cool, mild or very warm, so keep eye on the forecast prior to the race. The threat of thunderstorms (generally in the afternoon) always looms in the early fall.

**PROFESSIONAL TIMING** – Rocky Mountain Timing is the timer for the Code Talker 10K. Overall and age-group awards will be presented.

**LODGING** – Lodging is available at Quality Inn in Window Rock and Navajoland Inn & Suites in St. Michael's. There are ample lodging options available in Gallup, New Mexico.

The Navajo Code Talker 10K and the Navajo Parks Race Series are co-sponsored by the Navajo Nation-based nonprofit organization NavajoYES and Navajo Parks & Recreation with major support from Navajo United Way, Teec Nos Pos Trading Post and the Navajo Rangers.

**AWARDS** – All runners will receive a finisher's medal and performance t-shirt, and will be in contention for overall and age-group awards.

**POSTERS** – NavajoYES has created a series of posters of Navajo Code Talkers, including a new portrait this year: Thomas Begay. All posters in the series will be available at the event, including: Samuel Sandoval, Roy Hawthorne, John Kinsel, Sr., Alfred Newman, Samuel Holiday, Peter MacDonald and John Pinto. Our mission with this project is to honor the legacy of these heroes by making Code Talker posters available to every school, chapter house and home around the Nation. The original paintings – created by artists Elwyn Shorthair, Shaundiin Yesslith, Irving Toddy and the late James King – are presented to the Code Talker's family.









Thomas Begay and the 2021 poster

## **CONTACTS**

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